

**Fresh, Healthy, Good Food
Every Day!**



This institution is an equal opportunity provider

March 2019 Excell Academy Child Care Pizza Mondays Menu					
Week 2	Monday, February 25, 2019	Tuesday, February 26, 2019	Wednesday, February 27, 2019	Thursday, February 28, 2019	Friday, March 1, 2019
Hot Lunch					Cheese Ravioli w/Alfredo Sauce Steamed Green Beans Fruit of the Day
Vegetarian Deli Sandwich					Double Cheese Omelet Egg Salad & Lettuce Bun or Chz Sand
Week 3	Monday, March 4, 2019	Tuesday, March 5, 2019	Wednesday, March 6, 2019	Thursday, March 7, 2019	Friday, March 8, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Meatballs & Gravy Dinner Roll Steamed Carrot Coins Fruit of the Day	Orange Chicken Steamed Rice Cucumbers & Dip Fruit of the Day	Soft Shell Chicken Taco Totilla, Seasoned Chicken, Chz & Cilantro Steamed California Normandy Fruit of the Day	Golden Chicken Patty Sandwich w/Cheese WG Bun & Ketchup Steamed Green Beans Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Sesame Chicken & Lettuce on Ciabatta or Chz Sand	Egg Fried Rice Chix Chutney Salad & Lettuce Sandwich or Chz Sand	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand	Cheese Ravioli w/Red Sauce Turkey & Lettuce Sand or Chz Sand
Week 4	Monday, March 11, 2019	Tuesday, March 12, 2019	Wednesday, March 13, 2019	Thursday, March 14, 2019	Friday, March 15, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Salisbury Steak & Gravy Dinner Roll Sweet Potatoes Fruit of the Day	French Toast Sticks Syrup Fresh Sliced Cucumbers & Dip Fruit of the Day	Mac & Cheese Crisp Garden Salad & Dressing Fruit of the Day	Golden Chicken Nuggets Ketchup Steamed Green Beans Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Grilled Herb Chicken Bun or Chz Sand	Cheese Quesadilla Grilled Curry Chix & Lettuce on Ciabatta or Chz Sand	Egg Fried Rice Egg Salad & Lettuce Bun or Chz Sand	Cheese Bosco Stick & Italian Ranch Turkey & Lettuce Sand or Chz Sand	Veggie Burger Chicken Craisin & Lettuce Sandwich or Chz Sand
Week 5	Monday, March 18, 2019	Tuesday, March 19, 2019	Wednesday, March 20, 2019	Thursday, March 21, 2019	Friday, March 22, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Beef Soft Taco Flour Tortilla, Seasoned Beef Shredded Cheese Steamed Green Beans Fruit of the Day	Sweet & Sour Chicken Dinner Roll Steamed Broccoli Fruit of the Day	Swedish Meatballs Dinner Roll Creamy Mashed Potatoes Fruit of the Day	Chicken Tenders Ketchup Garden Greens Salad & Homemade Dressing Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Honey Mustard Chix & Lettuce Ciabatta or Chz Sand	Twisted Mozzarella Breadstick w/Marinara Turkey & Lettuce Sand or Chz Sand	Double Cheese Omelet Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand	Macaroni & Cheese Egg Salad & Lettuce Bun or Chz Sand	Cheese Enchilada Citrus Chicken Salad w/Lettuce Bun or Chz Sand
Week 6	Monday, March 25, 2019	Tuesday, March 26, 2019	Wednesday, March 27, 2019	Thursday, March 28, 2019	Friday, March 29, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Mac & Cheese Cucumber Slices & Dip Fruit of the Day	Brunch Lunch French Toast Sticks & Syrup Potato Cubes Fruit of the Day	Beef Hamburger Ketchup Steamed Green Beans Fruit of the Day	Cheese Quesadilla Crisp Salad & Homemade Dressing Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Grilled Greek Chicken Bun or Chz Sand	Cheese Ravioli w/Red Sauce Mediterranean Egg Salad & Lettuce Bun or Chz Sand	Veggie Cheeseburger Sesame Chicken & Lettuce on Ciabatta or Chz Sand	French Toast Sticks (5) & Syrup Chix Chutney Salad & Lettuce Sandwich or Chz Sand	Egg Fried Rice Lime Chicken w/Lettuce Bun or Chz Sand

Menu is subject to infrequent changes

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim & 1% milk choices offered daily