

**Fresh, Healthy, Good Food
Every Day!**



This institution is an equal opportunity provider

January 2019 Excell Academy Child Care Pizza Mondays Menu

Week 6	Monday, December 31, 2018	Tuesday, January 1, 2019	Wednesday, January 2, 2019	Thursday, January 3, 2019	Friday, January 4, 2019
Hot Lunch		Mac & Cheese Cucumber Slices & Dip Fruit of the Day	Brunch Lunch French Toast Sticks, Sausage & Syrup Potato Cubes Fruit of the Day	Beef Hamburger Ketchup Steamed Green Beans Fruit of the Day	Cheese Quesadilla Crisp Salad & Homemade Dressing Fruit of the Day
Vegetarian Deli Sandwich		Cheese Ravioli w/Red Sauce Mediterranean Egg Salad & Lettuce Bun or Chz Sand	Veggie Cheeseburger Sesame Chicken & Lettuce on Ciabatta or Chz Sand	French Toast Sticks (5) & Syrup Chix Chutney Salad & Lettuce Sandwich or Chz Sand	Egg Fried Rice Lime Chicken w/Lettuce Bun or Chz Sand
Week 1	Monday, January 7, 2019	Tuesday, January 8, 2019	Wednesday, January 9, 2019	Thursday, January 10, 2019	Friday, January 11, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Queso Meatballs Diced Tomatoes & Steamed Rice Cheesy Refried Beans Fruit of the Day	BBQ Chicken Soft Dinner Roll Dinner Salad w/Dressing Fruit of the Day	Brunch Lunch Pancake & Sausage Patties Cucumbers & Dip Fruit of the Day	Spaghetti & Meatsauce Shredded Cheese Steamed Green Beans Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Turkey & Lettuce Sand or Chz Sand	Cheese Enchilada Egg Salad & Lettuce Bun or Chz Sand	Veggie Burger Grilled Curry Chix & Lettuce on Ciabatta or Chz Sand	Bean & Cheese Burrito Chicken Craisin & Lettuce Sandwich or Chz Sand	Macaroni & Cheese Grilled Herb Chicken Bun or Chz Sand
Week 2	Monday, January 14, 2019	Tuesday, January 15, 2019	Wednesday, January 16, 2019	Thursday, January 17, 2019	Friday, January 18, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Stuffed Cheese Bread Italian Dippin Sauce Cucumber Slices & Dip Fruit of the Day	Cheesburger WG Bun & Ketchup Steamed Peas & Carrots Fruit of the Day	Swedish Salisbury Steak Serve with Creamy Mashed Potatoes Fresh Bakery Roll Fruit of the Day	Cheese Ravioli w/Red Sauce Dinner Roll Steamed Green Beans Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand	Cheese Quesadilla Honey Mustard Chix & Lettuce Ciabatta or Chz Sand	French Toast Sticks (5) & Syrup Turkey & Lettuce Sand or Chz Sand	The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand	Double Cheese Omelet Egg Salad & Lettuce Bun or Chz Sand
Week 3	Monday, January 21, 2019	Tuesday, January 22, 2019	Wednesday, January 23, 2019	Thursday, January 24, 2019	Friday, January 25, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Meatballs & Gravy Dinner Roll 5 Way Mixed Vegetables Fruit of the Day	Orange Chicken Steamed Rice Cucumbers & Dip Fruit of the Day	Soft Shell Chicken Taco Totilla, Seasoned Chicken, Chz & Cilantro Cheesy Refried Beans Fruit of the Day	Golden Chicken Patty Sandwich w/Cheese WG Bun & Ketchup Steamed Green Beans Fruit of the Day
Vegetarian Deli Sandwich	Cheese Pizza Sesame Chicken & Lettuce on Ciabatta or Chz Sand	Egg Fried Rice Chix Chutney Salad & Lettuce Sandwich or Chz Sand	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand	Cheese Ravioli w/Red Sauce Turkey & Lettuce Sand or Chz Sand
Week 4	Monday, January 28, 2019	Tuesday, January 29, 2019	Wednesday, January 30, 2019	Thursday, January 31, 2019	Friday, February 1, 2019
Hot Lunch	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day	Salisbury Steak & Gravy Dinner Roll Steamed Mixed Veggies Fruit of the Day	French Toast Sticks Syrup Fresh Sliced Cucumbers & Dip Fruit of the Day	Mac & Cheese Crisp Garden Salad & Dressing Fruit of the Day	
Vegetarian Deli Sandwich	Cheese Pizza Grilled Herb Chicken Bun or Chz Sand	Cheese Quesadilla Grilled Curry Chix & Lettuce on Ciabatta or Chz Sand	Egg Fried Rice Egg Salad & Lettuce Bun or Chz Sand	Cheese Bosco Stick & Italian Ranch Turkey & Lettuce Sand or Chz Sand	

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim & 1% Milk choices offered daily